

# Self-Realization Fellowship Temple - Hollywood

## August 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Temple Open for Individual Meditation:</b> Tuesday - Saturday 5:30 pm - 7:30 pm	<b>Temple Grounds and Meditation Gardens Open:</b> Tue - Sat 10 am -7:30 pm Sunday 8 am -7:30 pm Closed on Mondays	<b>Office &amp; Receptionist (in Upper India Hall) Hours:</b> Tuesday - Friday 10 am - 4 pm	<b>Book Room (Located in Upper India Hall) Open:</b> Tue - Sat 10 am - 4 pm Sun 10:30 am - 12:30 pm Thurs 9:00 pm - 9:30 pm	<b>1</b> 12:00 PM Introduction to Meditation  8:00 PM Inspirational Service and Prayer Circle	<b>2</b>  6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation	<b>3</b>
<b>4</b> 8:30 AM Morning Meditation 9:30 AM 1st Lecture Service 9:30 AM Sunday School 11:00 AM 2nd Lecture Service 12:10 PM Introduction to Meditation Convocation Begins - Temple and Grounds Closed at 12:45 PM No Evening Meditation	<b>5</b>	<b>6</b>  No Hatha Yoga Classes	<b>7</b>  No Sadhana Sangha meeting	<b>8</b>  No Intro to Meditation Class No Evening Service	<b>9</b>  No Evening Meditation	<b>10</b>  Grounds and Meditation Gardens Open: 4:00 PM - 7:30 PM Book Room Closed  Temple Open for Individual Meditation 5:30 PM - 7:30 PM
*Convocation Pilgrimage Tours Monday through Thursday*      *Temple and Grounds Closed Monday - Friday*						
<b>11</b> 8:30 AM Morning Meditation 9:30 AM Sunday School 9:30 AM 1st Lecture Service 11:00 AM 2nd Lecture Service 1:30 PM Temple Singers Outreach 5:40 PM Energization Exercises Group practice - Temple Lawn 6:00 PM 3 hour Meditation	<b>12</b> Temple Grounds and Meditation Gardens Open: 10:00 AM - 7:30 PM Book Room Closed  Temple Open for Individual Meditation 5:30 PM - 7:30 PM	<b>13</b>  6:00 PM Women's Hatha Yoga  7:30 PM Men's Hatha Yoga	<b>14</b>	<b>15</b> 12:00 PM Introduction to Meditation  8:00 PM Satsanga Service and Prayer Circle	<b>16</b>  6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation	<b>17</b>
<b>18</b> 8:30 AM Morning Meditation 9:30 AM Sun School Krishna Comm 9:30 AM 1st Lecture Service 11:00AM 2nd Lecture Service 1:30 PM Temple Singers Rehearsal 5:40 PM Energization Exercises Group practice - Temple Lawn 6:00 PM 3 hour Meditation	<b>19</b>  Temple and grounds are closed on Mondays	<b>20</b>  6:00 PM Women's Hatha Yoga  7:30 PM Men's Hatha Yoga	<b>21</b>	<b>22</b> 12:00 PM Introduction to Meditation  8:00 PM Inspirational Service and Prayer Circle	<b>23</b>  6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation	<b>24</b>  8:00 PM Sri Krishna Janmashtami Commemorative Service
<b>25</b> 8:30 AM Morning Meditation 9:30 AM Sunday School 9:30 AM 1st Lecture Service 11:00 AM 2nd Lecture Service 12:00 PM Movie: <i>Paramahansa Yogananda -Return to India 1935- 36</i> 1:30 PM Temple Singers Rehearsal 5:40 PM Energization Exercises Group practice - Temple Lawn 6:00 PM 3 hour Meditation	<b>26</b>  Temple and grounds are closed on Mondays	<b>27</b>  6:00 PM Women's Hatha Yoga  7:30 PM Men's Hatha Yoga	<b>28</b>  No Lay Disciple Group meeting	<b>29</b> 12:00 PM Introduction to Meditation  8:00 PM Inspirational Service and Prayer Circle	<b>30</b>  6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation	<b>31</b>

For more information, please visit our website at [hollywoodtemple.org](http://hollywoodtemple.org), or call us at (323) 661-8006  
 Information on Paramahansa Yogananda and the SRF teachings can be found at [yogananda.org](http://yogananda.org)

# Self-Realization Fellowship Temple

BULLETIN

HOLLYWOOD

AUGUST 2019

## SUNDAY LECTURE TOPICS

August 4 How Devotion Reveals the Invisible God  
August 11 Enjoying Life's Challenges

August 18 Proof of the Existence of God  
August 25 The Source of Unlimited Healing Power

**INDIA HALL ELEVATOR AND ACCESSIBILITY PROJECT:** We are happy to share that we have raised one million dollars, and only have \$500,000 left to raise. We are now launching a new effort to complete our project, called **#100forHollywood**.

Brother Anilananda explains in a must-watch 3-minute video, featured on our Facebook page, that if 5,000 people contribute \$100 each, we will be ready to start building. To access the video, please visit **facebook.com/srfhollywood**

With your help, we can reach thousands on Facebook with this message. The number one thing you can do to help is watch the video on Facebook to the end without fast-forwarding. By doing this, Facebook knows that this video is one they should show to the entire world. If you are interested in doing more to help our new fundraising video display on thousands of screens, please read our suggestions at **hollywoodtemple.org/fbsuggestions**

**INTRODUCTION TO MEDITATION – SUNDAY, AUGUST 4, 12:10 - 12:40 PM:** Generally held on the 1st Sunday of the month, immediately after the 2nd service at 12:10 pm, this class is primarily intended for those new to meditation, but all are welcome. It will be held in Lower India Hall. You will learn some of the basic principles for starting your own meditation practice, as taught by Paramahansa Yogananda. These help one calm the mind and interiorize the focus to a higher consciousness.

**INTRODUCTION TO MEDITATION – EVERY THURSDAY, 12:00 PM - 12:30 PM:** All are welcome to this weekly class held in the Temple for those new to meditation. This class will not meet on Thursday August 8th due to Convocation.

**SADHANA SANGHA, LAY DISCIPLE GROUP, AND SENIOR DEVOTEE GROUP:** These groups will not meet this month.

**ANNUAL CONVOCATION – SUNDAY, AUGUST 4 - SATURDAY, AUGUST 10:** Hollywood Temple and grounds will close on Sunday August 4 at 12:45 pm, reopening on Saturday August 10 at 4 pm with the 5:30-7:30 individual meditation in the Temple.

On the Monday after Convocation, August 12th, the temple grounds will be open from 10:00 am to 7:30 pm; and the temple will be open in the evening for individual meditation from 5:30 to 7:30 pm.

For Convocation registration/information, visit [www.yogananda.org](http://www.yogananda.org) or call SRF. If unable to register for the full event, a "Convocation Evening Classes and Closing Event Ticket" or individual class tickets may be purchased at the Convocation.

**SATSANGA (QUESTIONS & ANSWERS) – THURSDAY, AUGUST 15, 8:00 PM:** You may have your questions answered by our Minister at one of these satsangas by writing them down on a slip of paper and dropping it into the question box located in the foyer of the Temple. You may also submit your questions online at [hollywoodtemple.org](http://hollywoodtemple.org).

**JANMASHTAMI COMMEMORATIVE, SATURDAY, AUGUST 24, 8:00 PM:** Paramahansa Yogananda said, "Celebration of the birthday of a God-realized soul... is a deeply spiritual occasion on which the vibrations of blessing from an illumined master are stronger than on other days in the year, because in the astral world, also, a celebration is taking place. Devotees who attend... with the right attitude will reap spiritual benefits and will find their high resolutions strengthened." All are welcome to this special service in commemoration of the birthday of Bhagavan Krishna. Flowers will be available on a donation basis from 7 – 8 pm.

**MATINEE MOVIE FELLOWSHIP, PARAMAHANSA YOGANANDA – RETURN TO INDIA 1935-36 – SUNDAY, AUGUST 25, 12:00:** Please join us in India Hall immediately after the second service for a special showing of the film containing rare footage of our Guru during his trip to India. Refreshments including delicious ice cream desserts will be served. The event is on a donation basis and all the proceeds will benefit Hollywood Temple projects. Note: The Temple Singers will meet in the Temple patio.

**LONG MEDITATIONS – SUNDAYS 6 - 9 PM; FRIDAYS 7 - 10 PM:** Conducted group meditations are held every Friday and Sunday, with kirtan on Fridays. If unable to stay for the full three hours, you may enter/exit during chanting at the top of the hour. There will be a group practice of the Energization Exercises 20 minutes before the meditations. All are invited.

**SUNDAY SCHOOL:** The temple offers Sunday School classes for boys and girls ages 3 to 12 and a Teen Group for ages 13 to 19 every Sunday morning during the first service from 9:30 to 10:30 am. To register your child, please see the Sunday School representative at the table with the blue umbrella before the first service.

**HATHA YOGA:** Separate classes are offered, women's at 6 pm and men's at 7:30 pm on Tuesdays in India Hall. All levels are welcome. For more info see the Hatha Yoga card in the Bookroom or visit [hollywoodtemple.org/classes—meetings.html](http://hollywoodtemple.org/classes—meetings.html).

**TEMPLE SINGERS:** A part of the Community Outreach committee, the group visits convalescent homes, generally on the first Sunday of the month at 1:30 pm and rehearse on the other Sundays at 1:30 pm in India Hall. They invite you to join them. For more information please pick up a Temple Singers card from the Bookroom.

**LOST AND FOUND:** Lost or left something on the grounds or in the temple? Call us at (323) 661-8006 to see if we have it.