

Self-Realization Fellowship Temple - Hollywood

April 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Grounds Closed	2 6 PM Women's Hatha Yoga 7:30 PM Men's Hatha Yoga	3 7:30 PM Sadhana Sangha Ages 20 to 40	4 12:00 PM Introduction to Meditation 8:00 PM Inspirational Service and Prayer Circle	5 6:40 PM Energization Exercises Group Practice - Temple Lawn 7:00 PM 3 hour Meditation	6
7 8:30 AM Morning Meditation 9:30 AM Sunday School 9:30 AM 1st Lecture Service 11:00 AM 2nd Lecture Service 12:10 PM Introduction to Meditation 1:30 PM Temple Singers Outreach 5:40 PM Energization Exercises 6:00 PM 3 hour Meditation	8 Grounds Closed	9 6 PM Women's Hatha Yoga 7:30 PM Men's Hatha Yoga	10	11 12:00 PM Introduction to Meditation 8:00 PM Inspirational Service and Prayer Circle	12 6:40 PM Energization Exercises Group Practice - Temple Lawn 7:00 PM 3 hour Meditation	13
14 8:30 AM Morning Meditation 9:30 AM Sunday School 9:30 AM 1st Lecture Service 11:00 AM 2nd Lecture Service 1:30 PM Temple Singers Rehearsal 5:40 PM Energization Exercises 6:00 PM 3 hour Meditation	15 Grounds Closed	16 6 PM Women's Hatha Yoga 7:30 PM Men's Hatha Yoga	17	18 12:00 PM Introduction to Meditation 8:00 PM Satsanga Service and Prayer Circle	19 Good Friday Temple Open Noon - 7:00 PM 6:40 PM Energization Exercises Group Practice - Temple Lawn 7:00 PM Three hour Meditation In Honor of Christ	20
21 Easter Sunday 8:30 AM Morning Meditation 9:30 AM Sun. School Easter Comm/Party 9:30 AM 1st Lecture Service 11:00 AM 2nd Lecture Service Hospitality Sunday event after both services 1:30 PM Temple Singers Rehearsal 5:40 PM Energization Exercises 6:00 PM 3 hour Meditation	22 Grounds Closed	23 6 PM Women's Hatha Yoga 7:30 PM Men's Hatha Yoga	24 7:30 PM Lay Disciple Group	25 12:00 PM Introduction to Meditation 8:00 PM Inspirational Service and Prayer Circle	26 6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation	27 9:00 AM - 3:30 PM Sunday School Boys' Half-Day Retreat
28 8:30 AM Morning Meditation 9:30 AM Sunday School 9:30 AM 1st Lecture Service 11:00 AM 2nd Lecture Service 1:00 PM Seniors' Meeting 1:30 PM Temple Singers Rehearsal 5:40 PM Energization Exercises 6:00 PM 3 hour Meditation	29 Grounds Closed	30 6 PM Women's Hatha Yoga 7:30 PM Men's Hatha Yoga	Temple Open for Individual Meditation: Tuesday - Saturday 5:30 PM - 7:30 PM	Office & Receptionist (in Upper India Hall) Hours: Tuesday - Friday 10:00 AM - 4:00 PM	Temple Grounds and Meditation Gardens Open: Sunday 8:00 AM - 7:30 PM Tue - Sat 10 AM - 7:30 PM Closed on Mondays	Book Room (located in Upper India Hall) Open: Tue - Sat 10 AM - 4 PM Sun 10:30 AM - 12:30 PM Thur 9:00 PM - 9:30 PM

For more info, please call (323) 661-8006 or visit hollywoodtemple.org, where you may also view/download this calendar.

For info on Paramahansa Yogananda or the SRF teachings visit www.yogananda.org

Self-Realization Fellowship Temple

BULLETIN

HOLLYWOOD

APRIL 2019

SUNDAY LECTURE TOPICS

April 7 What is Your Role in Life?

April 14 The Deeper Teachings of Jesus Christ

April 21 The Resurrection of Christ Within You

April 28 Concentration: Key to Communion With God

SADHANA SANGHA (Young Adults) – WEDNESDAY, APRIL 3, 7:30 PM: Sadhana Sangha is Hollywood Temple's young adult group for men and women. The group generally meets on the first Wednesday of each month, this month on February 7th at 7:30pm in India Hall, and will have a monastic in attendance. All those between the ages of 20 and 40 are invited to attend.

INTRODUCTION TO MEDITATION – SUNDAY, APRIL 7 (1ST THURSDAY OF THE MONTH), 12:10 - 12:40 PM AND EVERY THURSDAY, 12:00 - 12:30 PM: Held weekly on Thursdays at noon in the temple, and on the 1st Sunday of each month, right after the second service in lower India Hall. This class is primarily intended for those new to meditation, but all are welcome.

SATSANGA (QUESTIONS & ANSWERS) – THURSDAY, APRIL 18, 8:00 PM: Our monthly satsanga service in which one of our ministers will answer your questions will be held on Thursday April 19th at 8:00 pm. You may place your written questions in the satsanga question box in the vestibule or submit online at hollywoodtemple.org. Thank you for your insightful questions.

GOOD FRIDAY – FRIDAY, APRIL 19, 7:00 PM - 10:00 PM: All are welcome to join us for this three-hour meditation in honor of Christ. In addition, the temple will be open for individual meditation from noon to 7:00 pm this day.

EASTER AND HOSPITALITY SUNDAY – APRIL 21, 10:30 AM AND 12:00 PM: On Easter Sunday, we will have a Hospitality Sunday event after both services on the lawn, with refreshments, fellowship, and opportunity to meet new spiritual friends.

LAY DISCIPLE GROUP – WEDNESDAY, APRIL 24, 7:30 PM: The Lay Disciple Group provides a unique opportunity to deepen one's understanding of the teachings, and to serve the divine mission of our Guru. *Kriyabans** of Self-Realization Fellowship are invited to attend our monthly meeting in India Hall. Please be prepared to show your *Kriyaban* card at the door.

SUNDAY SCHOOL BOYS' HALF-DAY RETREAT – SATURDAY, APRIL 27, 9:00 AM – 3:00 PM: Hollywood Temple is sponsoring a retreat for boys ages 6 through 12 years old. Parents may register their child on Sunday April 14 or 21 morning, following the first service directly outside the temple, but registrations will also be taken on the morning of the retreat.

SENIOR DEVOTEE GROUP – SUNDAY, APRIL 28, 1:00 PM: Devotees 70 and older are welcome to join the monthly meeting in upper India Hall. Meetings involve fellowship, refreshments, a study of Master's teachings, and a group meditation.

RESERVATIONS IN PROGRESS – HOLLYWOOD TEMPLE KRIYABANS' MINISTER-LED WEEKEND RETREAT AT LAKE SHRINE, JUNE 28-30: To make a reservation, call Lake Shrine Retreat at (310) 459-4740 and identify yourself as a *kriyaban* from Hollywood Temple; if no answer, leave a message with your phone number. You may consider adding one or two days of general personal retreat, to rest and immerse in silence before the conducted weekend retreat begins on Friday June 28th.

RESERVATIONS IN PROGRESS – KRIYABAN CEREMONY – SATURDAY, MAY 4, 7:00 PM; DOORS OPEN AT 5:30 AND CLOSE AT 6:45: There will be one Kriyaban ceremony in the temple this year on May 4th for Kriyabans* who regularly attend Hollywood Temple. To make a reservation, please come in person to the Book Room with your Kriyaban card. Should you need a replacement Kriyaban card, please contact SRF Membership Services. It is customary to bring a flower, a fruit and a monetary offering in an envelope. Flowers (but not fruit) will be available at the temple on the night of the ceremony, on a donation basis, starting at 5:15 pm. Temple doors will open at 5:30, and we ask that all please arrive before 6:45 pm, make your offerings, and be seated for the ceremony; doors will close at 6:45 pm. The 5:30 - 7:30 individual meditation in the temple is canceled on this day.

LONG MEDITATIONS – FRIDAYS 7:00 PM – 10:00 PM; SUNDAYS 6:00 PM – 9:00 PM: Conducted group meditations are held on Fridays and Sundays, with *kirtan* on Friday. If unable to stay for the three hours, you may enter/exit during chanting at the top of the hour. There will be a group practice of the Energization Exercises 20 minutes before each meditation. Please read our pamphlet, **Group Meditation Guidelines**, if this is your first time attending a group meditation.

TEMPLE SINGERS: The group visits convalescent homes on the 1st Sunday of the month at 1:30 pm and rehearses on the other Sundays at 1:30 in India Hall. They invite you to join them. More info is in the Temple Singers card in the Bookroom.

SUNDAY SCHOOL: The temple offers Sunday School classes for boys and girls ages 3 - 12 and a Teen Group for ages 13 to 19 every Sunday morning during the first service from 9:30 - 10:30 am. To register your child, please see the Sunday School representative at the table with the blue umbrella before the first service.

* A *Kriyaban* is one who has been initiated into the Kriya Yoga technique of meditation.