

# Self-Realization Fellowship Temple - Hollywood

## December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <b>Temple Open for Individual Meditation:</b>                      Tuesday - Saturday, 5:30 p.m. - 7:30 p.m.                 </div>						1
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <b>Office &amp; Reception (in Upper India Hall) Hours:</b>                      Tuesday - Friday, 10:00 a.m. - 4:00 p.m.                 </div>						
2	3	4	5	6	7	8
<b>Christmas Toy Drive (thru 12/9)</b> 8:30 AM Morning Meditation 9:30 AM Sunday School 9:30 AM First Lecture Service	Temple and Grounds Closed on Mondays	No Hatha Yoga classes	7:00 PM 3 hour Meditation	12:00 PM Intro to Meditation	6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation	<b>Mother Center Christmas Open House</b> 12:00 - 5:00 PM
<b>Christmas Festival</b> 10:30 AM to 2:00 PM 11:00 AM Second Lecture Service 5:40 PM Energization Exercises 6:00 PM 3 hour Meditation						
9	10	11	12	13	14	15
8:30 AM Morning Meditation 9:30 AM Sunday School 9:30 AM First Lecture Service 11:00 AM Second Lecture Service 12:10 PM Intro to Meditation 5:40 PM Energization Exercises 6:00 PM 3 hour Meditation	Temple and Grounds Closed on Mondays	6:00 PM Women's Hatha Yoga 7:30 PM Men's Hatha Yoga	<b>Holiday Satsanga by Bro. Chidananda Livestreamed - 6:00 PM</b> 7:30 PM Lay Disciple Group All Temple Members Invited	12:00 PM Intro to Meditation 8:00 PM Inspirational Service and Prayer Circle	6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation	<b>All-Day Christmas Meditation</b> 10:00 AM - 5:00 PM
16		17	18			19
8:30 AM Morning Meditation 9:30 AM Sunday School 9:30 AM First Lecture Service 11:00 AM Second Lecture Service 5:40 PM Energization Exercises 6:00 PM 3 hour Meditation	Temple and Grounds Closed on Mondays	6:00 PM Women's Hatha Yoga 7:30 PM Men's Hatha Yoga	7:00 PM 3 hour Meditation	12:00 PM Intro to Meditation 8:00 PM Satsanga Service and Prayer Circle	6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation	No Individual Meditation from 5:30 - 7:30 PM in Temple
23		24				
8:30 AM Morning Meditation 9:30 AM SS Comm & Christmas Party 9:30 AM First Lecture Service 11:00 AM Second Lecture Service 5:40 PM Energization Exercises 6:00 PM 3 hour Meditation	<b>Christmas Eve</b>	<b>Christmas Day</b> Meditation 9 - 11 AM Temple & grounds closed after meditation No Hatha Yoga classes	12:00 PM Intro to Meditation 8:00 PM Inspirational Service and Prayer Circle	12:00 PM Intro to Meditation 8:00 PM Inspirational Service and Prayer Circle	6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation	6:40 PM Energization Exercises Group practice - Temple Lawn 7:00 PM 3 hour Meditation
30	31					
8:30 AM Morning Meditation 9:30 AM Sunday School 9:30 AM First Lecture Service 11:00 AM Second Lecture Service 5:40 PM Energization Exercises 6:00 PM 3 hour Meditation	Temple and Grounds Closed Till 6:30 PM <b>New Year's Eve Meditation</b> 7:00 PM - 12:15 AM	<div style="border: 1px solid black; padding: 5px;"> <b>Book Room (located in upper India Hall) Open:</b>                      Tuesday - Saturday, 10:00 a.m. - 4:00 p.m.                      Sunday, 10:30 a.m. - 12:30 p.m.                      Thursday evening, 9:00 p.m. - 9:30 p.m.                 </div>		<div style="border: 1px solid black; padding: 5px;"> <b>Temple Grounds &amp; Meditation Gardens Open:</b>                      Tuesday - Saturday, 10:00 a.m. - 7:30 p.m.                      Sunday, 8:00 a.m. - 7:30 p.m.                      Monday closed                 </div>		

For more information, please visit our website at [HollywoodTemple.org](http://HollywoodTemple.org), or call us at (323) 661-8006  
 Information on Paramahansa Yogananda and the SRF teachings can be found at [yogananda-srf.org](http://yogananda-srf.org)

# Self-Realization Fellowship Temple

BULLETIN

HOLLYWOOD

DECEMBER 2018

## SUNDAY LECTURE TOPICS

December 2 The Purpose of Life  
December 9 How to Find Lasting Joy

December 16 The Divine Nature of Christ  
December 23 Celebrating Christmas in the Temple of the Soul  
December 30 Make Yourself What You Want to Be

**INTRODUCTION TO MEDITATION – EVERY THURSDAY 12:00 - 12:30 PM AND ON SUNDAY, DECEMBER 9, 12:10 – 12:30 PM:** Held every Thursday at noon in the temple, and on the 1st Sunday of each month (moved to Dec. 9th this month) in Lower India Hall, right after the second lecture service. The class is primarily intended for those new to meditation, but all are welcome. You will learn some of the basic principles for starting your own meditation practice, as taught by Paramahansa Yogananda. These help one calm the mind and interiorize the focus to a higher consciousness.

**CHRISTMAS TOY DRIVE (IN PROGRESS) – THROUGH DECEMBER 9:** This replaces the pajama drive. We have a golden opportunity to spread happiness to the children of our neighbors and create goodwill in our community. Please place new, unwrapped toys for kids ages 3 to 12, in a gift bag and place them in the decorated bin near the breezeway before/after any Sunday or Thursday service, or at the Reception or Bookroom, Tuesday - Saturday, 10 – 4. Thank you for your generosity.

**CHRISTMAS FESTIVAL – SUNDAY, DECEMBER 2, 10:30 AM – 2:00 PM:** All are invited to our Christmas Festival, held after both services on December 2nd in India Hall, featuring a delicious lunch, bake sale and holiday entertainment, all in a festive café atmosphere. Please bring your baked goods donations to India Hall on Saturday 12/1 or Sunday 12/2 before either Service.

**SADHANA SANGHA – TUESDAY, DECEMBER 4, 7:30 PM:** Our young adult group will meet on **Tuesday December 4th** at 7:30 pm in India Hall, and will have a monastic in attendance. All those between the ages of 20 and 40 are invited to attend.

**WEDNESDAY 3-HOUR MEDITATIONS, WITH KIRTAN – DECEMBER 5 AND 19, 7:00 PM:** Doors will re-open at 8 and 9 pm.

**MOTHER CENTER CHRISTMAS OPEN HOUSE – SATURDAY, DECEMBER 8, 12 – 5 PM:** Temple members, family and friends are warmly invited to an Open House at Mother Center on Saturday, December 8, 12 – 5 pm. The open house provides an opportunity to meet informally with the monastics and each other in the spirit of Christmas fellowship. Paramahansa Yogananda's shrine will be open. Light refreshments will be served. We look forward to greeting you all at this event at Mother Center.

**BROTHER CHIDANANDA'S HOLIDAY SATSANGA, FOLLOWED BY LAY DISCIPLE GROUP MEETING – WEDNESDAY, DECEMBER 12, 6:00 PM:** Brother Chidananda will usher in the holidays with a special livestreamed Christmas greeting, and will share some exciting news about the launching of the new edition of the SRF Lessons. Brother is encouraging all devotees to come to their local temples to view this event as a family. Following the satsanga, all temple members are invited to stay for the Lay Disciple Group meeting at 7:30 pm; this will include a meditation and a social period with refreshments. The 5:30-7:30 pm individual meditation in the temple and the previously scheduled 3-hour meditation will be replaced by the India Hall event.

**ALL-DAY MEDITATION – SATURDAY, DECEMBER 15, 10 AM – 5 PM:** All are welcome to join us for our annual All-Day Christmas Meditation held in both India Hall and the temple. India Hall is for those who intend to stay for the entire day while the temple is open for part-day attendees. Doors will open at 9:30 am with a 30 minute break at 1:30. As is customary, you may bring a fruit and a monetary gift in an envelope as an offering. Because of the large numbers in attendance, meditation supports (armrests) are permitted only in the patio area of the temple, not in the main area of the temple or India Hall. We also request that you not bring any food or water to India Hall or the temple. There will be no individual meditation at 5:30 pm this day.

**SATSANGA (QUESTIONS & ANSWERS) – THURSDAY, DECEMBER 20, 8:00 PM:** You may have your questions answered by our Minister at our monthly satsanga by writing them down on a slip of paper and dropping it into the question box located in the foyer of the temple, or you may submit your questions online at [HollywoodTemple.org](http://HollywoodTemple.org).

**CHRISTMAS DAY MEDITATION – TUESDAY, DECEMBER 25, 9:00 AM – 11:00 AM:** All are welcome to attend our Christmas morning meditation. The temple and grounds will be closed after the meditation (no evening individual meditation) and will re-open on the 26th for the 5:30 - 7:30 pm individual meditation. We wish you a most joyous holiday!

**NEW YEAR'S EVE MEDITATION – MONDAY, DECEMBER 31, 7:00 PM – 12:15 AM:** All are invited to attend our annual New Year's Eve Meditation held in the temple. For those unable to arrive by 7:00 pm, you may join the meditation during periods of chanting held on the top of the hour, and at 11:30 pm.

**SUNDAY SCHOOL:** The temple offers Sunday School classes for boys and girls ages 3 to 12, and a Teen Group for young people ages 13-19. Classes meet every Sunday morning during the first service. To register your child or for more information, please see the Sunday School representative at the table with the blue umbrella before the first service.

**HATHA YOGA:** Separate classes for men and women are offered every week on Tuesday evenings in India Hall at 6:00 pm for women and at 7:30 pm for men. All levels are welcome. Please note that there will be no classes on December 4th or the 25th. For more information please see the Hatha Yoga card in the Bookroom.