

# Hollywood Temple's All-Day Christmas Meditation

Saturday December 15<sup>th</sup>, 10 a.m. – 5 p.m.

India Hall and Temple

## Important Information

- The meditation will be held in both India Hall and the Temple. India Hall is for those who will stay the entire day. The Temple is open for those who can come for only half the day.
- The custom is to bring a fruit (symbolizing devotion) and a monetary gift in an envelope (as an offering, symbolizing gratitude and loyalty to the Gurus).
- Meditation supports (armrests) may only be used in the patio area of the Temple, not in the main area of the Temple or India Hall.
- Please do not bring any food or water to the meditation.
- Please do not use any perfume or essential oil
- If you have a cough or cold, please be considerate and join us from home.
- The doors open at 9:30 a.m. The meditation begins at 10:00 a.m. There is a 30-minute break at 1:30 pm. The meditation ends at around 5:00 p.m.
- The temple will not be open for individual meditation after the Christmas meditation concludes.
- And, finally, plan to set aside worldly thoughts. Prepare yourself to give full attention to the Divine. This commitment of focus and dedication may transform your life, strengthening and purifying your attunement.